

The New Columbia Neighbor



June 2011

In This Issue:

<i>Youth</i>	3
<i>Activities</i>	4
<i>Events</i>	5
<i>Resources</i>	7
<i>Calendar</i>	8

Computer & Cell Phone Recycling Drive

The Digital Connectors Invites you to take part in their
2011 Computer and Cell phone Recycling Drive

Saturday – June 18th

9 am – 1 pm

Community Education Center

4625 N Trenton Street

Clean your closets AND help our community by recycling your computer components and cell phones.

These are the items we are looking for: *computer CPUs, *monitors, *keyboards, *speakers, *cell phones and chargers

Free and no item limit

Equipment will be unloaded for you

- ▶ Games and crafts for the kids
- ▶ Refreshments

Summer Concert Series Benefit Carwash

Thank you Volunteers! The carwash on May 14th had a great volunteer turnout. Numerous adults and children gave up an afternoon to roll up their sleeves and wash cars for a good cause. They raised over \$180 dollars for the Summer Concert Series in McCoy Park this year.

Of course, they couldn't have done it without everyone who stopped by with their cars and gave generously. Thanks to you as well!

Welcome



Rachel Langford

Please welcome Rachel Langford, New Columbia's Resident Services Program Supervisor.

Rachel has a background in social work and social justice advocacy and gets most excited about helping people build the skills they need to make positive changes in their lives and their communities. She moved to Portland 10 years ago to get her Masters in Social Work and has worked to help kids and families both through direct service social work and political advocacy. She's thrilled to be working with Resident Services staff at New Columbia and thinks this is the most amazing and dynamic community she's ever been in!



Jessica Miller

Jessica Miller joins Guardian as a leasing agent. She's recently graduated from college and is an aspiring novelist. She is currently writing a story about people living in a post-apocalyptic world.



Amy Crates

Amy Crates joins Guardian as a compliance administrative assistant. Her grandfather was the engineer on the train JFK rode on his campaign tour through Oregon.

Disaster Preparedness

ARE YOU READY FOR AN EMERGENCY?

Emergencies can happen at any moment and at any place. Getting ready for disasters will help us to increase our chances to make it through the first few days of a disaster. Please read this information carefully and share it with your family.



KNOW YOUR HOUSE

- Locate the utility shut-offs for water, gas, and power.
- Place a flashlight near your breaker panel
- Place a wrench in your water meter box located near the street
- Attach a tool on your gas meter for turning off the gas
- Go through each room in your house and ask yourself what could fall on someone's head or block an escape route. Secure anything you find.
- Store breakables in low cabinets with latches
- Store household chemicals on a bottom shelf of a closed cabinet. **Never store bleach and ammonia together.** When mixed, they create a deadly gas.

YOUNG ADULT CAREER CONNECTION (JOB CLUB)

Ages 18-24

When: Every first and third
Wednesday of the month.

Time: 1:30 – 4:30

Where: New Columbia
Opportunity Center
4610 N Trenton Street



Open the door to your future!

YOUTH

Summer 2011!



BOYS & GIRLS CLUBS
OF PORTLAND METROPOLITAN AREA



The Positive Place For Kids

Sign up for Summer Camps

Stop by the club and register today!

Located at: 4430 N Trenton Street

Camp Dates: June 15th – August 12th
Monday – Friday

Questions? Call 503.853.8678

BTown Kids Are Back for Another Summer of Fun!

Look for the BTown Kids in McCoy Park on Saturday, June 18th.
They'll be there every Saturday until August 27th. Stop by and
see what's in store!

When:
June 18th – August 27th

Hours:
Saturdays
11:00 am – 3:00 pm



**THE UNIVERSITY PARK COMMUNITY CENTER
WILL BE CLOSED FOR MAINTENANCE
JUNE 13TH THROUGH JUNE 17TH.**

IT REOPENS SATURDAY, JUNE 18TH.

Activities



Peninsula Crossing Trail Program

Are clean parks and beautiful natural areas important to you? Are you looking for healthy, fun, outdoor activities? Then, the Peninsula Crossing Trail Program is for you!

Join your neighbors and friends **once a month on Saturdays** this summer and learn more about our local treasure: the Peninsula Crossing Trail. Become a part of art and restoration projects, cycling trips, and much more.

Lunch is provided too!

Contact Begoña at 4625 N Trenton St

MUÑECAS QUINCEAÑERAS

St Johns Library

Sabado 18, Junio. De 2-4pm

La artista local Maria Alvarado nos enseñara como hacer Muñecas quinceañeras. Este taller es para adolescents y sus mamas. Se daran los materiales necesarios para el taller. Es necesario registrarse. Por favor registrense en la biblioteca o llamando al telefono 503.988.5397



LEARN HOW TO MAKE QUINCEAÑERA DOLLS

St Johns Library

June 18, 2-4pm

Local artist Maria Alvarado will show you how to create a stunning Quinceañera doll. This workshop is for teenagers and their mothers. All materials provided. Registration is required. Please call 503.988.5397

Events

2nd Annual Village Gardens Day

June 25th, 2011



Village Gardens would like to invite you to a celebration of their successful community-led projects. Come and check out what your neighbors have been talking about! Free tours and a dedication ceremony for the newly opened Village Market are planned along with speakers, music, food, and activities.

9:00 am: Free Garden Tours

Sign up for free tours of The Seeds of Harmony Garden in New Columbia, The New Beginnings Garden in St. Johns Woods, or the youth-run Food Works Farm on Sauvie Island.

Transportation is provided! Reserve a seat now. Call 503.286.2099 to sign up. Tours will leave from the Seeds of Harmony Garden across from the Regence Boys & Girls Club and return in time for the Village Market celebration at noon.

12:00 pm: Village Market Dedication Ceremony



Please join us in celebration of the hard work and generousities of all the countless people who have helped bring the store from a vision to a reality. Portland City Commissioner Nick Fish, and Multnomah County Commissioner Chair Jeff Cogan will speak. Enjoy music, food, and fun activities for the whole family. Be a part of this special and historic occasion.

CYCLING



Build a Bike Bucket

When: Saturday, June 25th
1-3pm
McCoy Fountain.

Please join the Community Cycling Center and Smart Trips for this **FREE** hands-on workshop.

Adults with bicycles will build FREE shopping buckets that attach to a rear bike rack.

New Columbia Bike Committee

Join residents as they meet to plan workshops, community rides, and other activities that promote cycling for recreation and transportation. Meetings are held on the 1st Thursday of the month.

June 2nd is the next meeting.
6-8 pm

Men Stepping Up

A Celebration of Men in the Lives of Young People

Saturday, June 18th
McCoy Park
3 pm – 7 pm

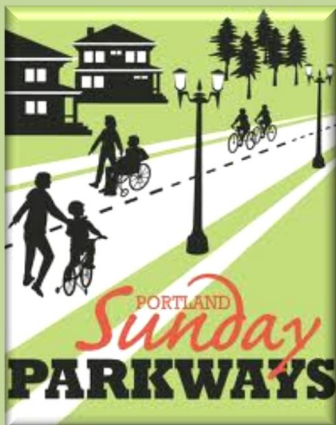
All across the country, communities are coming together on June 18th to celebrate the men in children's lives. Fathers, brothers, uncles, teachers and mentors all play an important role to support our young people. Here at New Columbia, the Boys and Girls Club, in partnership with Bridgetown Ministries, will be hosting an event to gather the men in our community who can make a positive difference in young people's lives. Join your neighbors in this family celebration in McCoy Park. Food, live bands, sports events and games for all ages will make this a great celebration

To volunteer or for more information contact:

Herman Greene, Bridgetown Ministries at hermangreene@gmail.com

Nathan Johnson, Regence Boys and Girls Club at njohnson@bgcportland.org

Sunday Parkways



NORTH
Sunday, June 26

11 - 4 pm

A two-way route of city streets open to walk, bike, roll, run, jump and skip - without having to watch out for cars! The 8-mile North Portland Sunday Parkways route will have two loops, connecting Peninsula, Arbor Lodge, Kenton, and McCoy Parks, plus the Willamette Bluff. Food, live music and activities are located in the parks and along the route.

Family Ride with Community Cycling Center: Enjoy Sunday Parkways with others! Meet up with friends, family, and neighbors at McCoy Park Fountain at 11:00 am and ride the route in good company!

Las calles del Norte de Portland estarán abiertas para caminar, pasear en bicicleta, patinar o saltar sin tener que preocuparse por los coches o autobuses. La ruta de 8 millas del North Portland Sunday Parkways tendrá dos circuitos que conectarán los parques Península, Arbor Lodge, Kenton y McCoy y además el Willamette Bluff. Comida, música y actividades se celebrarán en los parques y en calles a lo largo de las rutas.

Community Resources

FINANCIAL HOUSEHOLD STABILITY WORKSHOPS:

Day 1: Saturday, July 23

Part 1: Making Ends Meet,
10am-12pm

Part 2: Budgeting and Saving,
12:30pm-2:30pm

Day 2: Saturday, July 30

Part 3: Hands-On Banking,
10am-12pm

Part 4: Building, Repairing and
Protecting Credit,
12:30pm-2:30pm

Our classes and seminars will be
held at our new location:

3rd Floor, Lloyd Center Mall
(near Nordstroms),
2201 Lloyd Center, Portland

To register: call or email Talia at
(503)-943-5620

talia@innovativechanges.org.

The classes and seminars are \$5
each and \$15 for all four classes.
Fee waivers are available for
those who qualify.

La Violencia Domestica

La violencia domestica afecta a millones de personas en
todo el mundo cada dia.

No pongas una curita en este problema. Ven a aprender
sobre: clases de maltrato; consecuencias del maltrato;
recursos; mitos y creencias sobre la violencia domestica y
mucho mas.

15 de Junio 6:00pm-8:00pm
Community Education Center (CEC)
4625 N Trenton Street
Llamar a Begoña para registrarse 503.943.5673

New Saturday Market Opens



May 21st – Sept 24th
9:00 am – 1:30 pm

De La Salle High School
Lombard & Interstate



Staying Vital

Natural Medicines and
Health Tips for Optimal
Health in our Golden Years

Tuesday, June 7th
6-7 pm
4625 N Trenton St

Dr. Amy Bader, National
College of Natural Medicine,
will discuss effective natural
medicines for heart, brain,
and joint health. All are
welcome.

*Volunteers are our
most valuable
community resource*

June/Junio

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 Sewing Class 10 am Fountain Rm Mondays thru 6/30	31	1 Young Adult Job Club 1:30-4:30 4610 N Trenton	2 Sewing Class 10 am Fountain Rm Thurs days thru 6/30 Bike Committee 6 pm 4625 N Trenton	3	4 Interstate Farmer's Market 9am-1:30pm De La Salle parking lot
5 Ice Cream Social 5:00 pm Tamaracks	6	7 Junior Golf Bus Pickup 5:00 pm 4625 N Trenton Vital Living 6-7pm 4625 N Trenton	8	9	10	11
12	13 UPCC Closes for Maintenance thru 6/17	14 School Ends	15 Young Adult Job Club 1:30-4:30 4610 N Trenton La Violencia Domestica 6pm 4625 N Trenton	16	17 Night Scape for Teens 7 pm B & G Club Fridays thru 8/12	18 Recycling Drive 9am-1pm 4625 N Trenton Bridgetown Kids 12 – 3 pm McCoy Park Saturdays thru 8/27 Men Stepping Up 3-7 pm McCoy Park
19	20	21 Teen Night 7 – 9 pm UPCC Tuesdays thru August 23rd Junior Golf Bus Pickup 5:00 pm 4625 N Trenton	22	23	24	25 Village Gardens Day Village Market Store Dedication 12 pm
26 Sunday Parkways 11-4 McCoy Park	27 UPCC Playground Programs Start 11 – 8 pm M-F McCoy Park	28 Junior Golf Bus Pickup 5:00 pm 4625 N Trenton	29	30		

Important Numbers to Know

NC Leasing Office	503.286.1500	NC Event Line	503.286.0335	Room Scheduling	503.943.5601
Police Non-Emergency	503.823.3333	Emergency	911	NC Info & Referrals	503.943.5674
Community Resources	211	WorkSource Express	503.943.5642	University Park AKA "The Rec"	503.916.6250
Traffic Safety	503.823.7233	B & G Club	503.853.8678	Rosa Parks	503.916.6250

Visit us on the web at www.newcolumbia.org