

# The New Columbia Neighbor

April 2011

## Grand Opening Celebration!

### ***The Village Market Opens April 30th***

We are thrilled to announce that the Village Market will open its doors for business on Saturday, April 30<sup>th</sup>. Please join us for a ribbon cutting ceremony from 12 pm until 1 pm, music, activities, and food.

#### **Filling the Need for Healthy Food**

As a community-driven store, the market will sell fresh, healthy produce, frozen meats and fish, ethnic foods, bulk items, household goods and more! A small deli will offer a variety of soups, sandwiches, salads, fresh coffee and pastries. Kids will like the selection of healthy snacks chosen by Rosa Parks students! There will be something for everyone.

#### **Friendly, Informed Staff**

Come and meet the market's new staff. They are dedicated to providing friendly and informed service to help you with your shopping needs. Michelle Oesterling is the new General Manager. Four Assistant Managers have also recently joined the team. Their faces will be familiar to many: Michelle Hanna, Egbevado Ananouko, Ed Tryon, and Rose-Angele Mizone!

Where: 4632 N Trenton

Time: 12 pm

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# Community Services

## Register Now for Kindergarten at Rosa Parks

It is not too early to register for the 2011-2012 school year. Stop by the Rosa Parks Office any day between 8:30-3:30 to pick up a registration packet. Registration will be on-going until school is out in June and will resume August 22, 2011.



# Kindergarten

### Free Tax Clinic Continues

Thursdays, 6-9 pm  
New Columbia Opportunity Center  
4610 N Trenton Street

### Clinica de Impuestos Gratuita

Jueves de 6:00pm a 9:00pm  
Centro de Oportunidades  
4610 N Trenton





**Free 10- Minute Screening!  
Multnomah Project Independence (MPI)**



The goal of MPI is to help Adults with Disabilities (18-59 yrs) on SSDI to remain in their own home. MPI can help access available community resources, housing, utilities and much more.

**Call 503.988.3660 to schedule a free screening!**

**Innovative Change\$**

**Saving, Investing, & Risk  
Management Workshop**

*April 6<sup>th</sup>, 4:30 – 6:30  
2201 Lloyd Center Mall  
3<sup>rd</sup> Floor (near Nordstrom)*

**We're growing!** Join us at our new location in Lloyd Center for this special workshop.

Investing can be intimidating, but rewarding. With the help of a financial advisor, you'll learn how to grow savings in a sound and informed way. Leave with tools to help you plan ahead for a successful financial future.

**To register call 503.943.5620**

**ESL for Citizenship  
Class – New Time**



***Classes will now meet from  
6:30 pm – 8:30 pm  
on Mondays  
in the Fountain Room***

***Las clases son ahora los  
Lunes de 6:30pm a 8:30pm  
en el Fountain Room***



# To Your Health

## Oregon Public Health Week 2011 Speaker Series



### “It’s the Skin You’re In: Why African Americans Live Sicker and Die Younger”

Guest speaker: Thomas LaVeist, PhD  
John Hopkins Bloomberg School of Public Health

**Where:** Oregon Convention Center; **When:** April 7<sup>th</sup>, 3-4 pm

**This event is FREE and open to the public.** Can’t go? It will be streamed live on the internet. Invite friends/neighbors and watch it together!

For more information and the full schedule visit  
[www.healthoregon.org.phweek](http://www.healthoregon.org.phweek)

## *Become a Community Health Worker*

Interested in making a difference in your health? Do you want to take a leadership role in your community? If so, join the Community Health Workers!

### Requirements:

- Attend monthly meetings
- Care for the health of the community
- Be willing to create, organize, and lead health workshops. Training provided.
- Open to all ages



Contact: Mr. Wasangolo at the Village Garden’s Office 503-286-2099

## Taller sobre el Cáncer del Seno

Cuando: Viernes 15 de Abril  
De 6:30pm a 8:00pm  
Donde: 4625 N Trenton



## Nutrition and Obesity

Saturday, April 2

10 am 11:30 am

4625 N Trenton

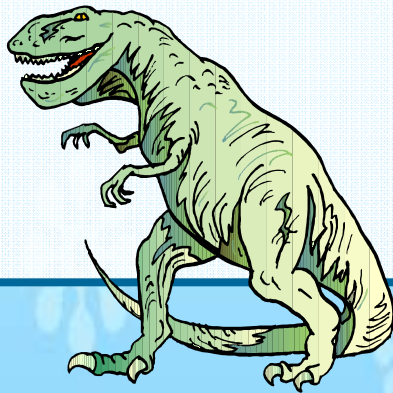
Presented by Fresh Start



# Youth Focus

## ZooAmbassadors Wanted

Looking for a place to volunteer this summer? Become a ZooAmbassador! This summer, ZooAmbassadors will work at the Dinosaur exhibit!



Open to all ages between  
10 and 110 years!

Visit [www.oregonzoo.org](http://www.oregonzoo.org)

Orientations start April 17th

## Free Golf Lessons

HAP and the Leisure Hour Junior Golf Program are providing free golf lessons to people between the ages of 7 and 23. You must be a resident of New Columbia or the Tamaracks to be eligible.

**Sign-up on Saturday, April 16th.**

11 am – 1:00 pm

4610 N Trenton Street



Slots are available for the first 40 people who show up.

Lessons include membership fee, uniform (hat and shirt), transportation, use of equipment, and lots of fun!



# Upcoming Events

## Se Dan Clases De Corte Y Confeccion

Aprende a hacer ropa a tu medida, elaborar patrones, utilizar la cinta métrica, la máquina de coser eléctrica y muchas cosas mas...curso práctico y fácil de aprender. Inscríbete ya!!!!

Las clases empezaran el día 4 de Abril del 2011.

**Fountain Room**

**Lunes y Jueves de 10am a 12pm**

**Para inscribirse llamar a Begoña 503.943.5673**



## Easter Egg Hunt

April 23

1pm

McCoy Park

Bring a basket!

Sponsored by Alpha Kappa Alpha



## Recruiting Now for Community Cycling's Create a Commuter Program

For more information and to see if you qualify:  
visit [www.communitycyclingcenter.org](http://www.communitycyclingcenter.org)  
Adult Programs link

Interested? Contact Nazareth Gazai, Community Builder  
@  
503.943.5674



# New Columbia Public Safety Information



## Call 911....if:

- ❖ A crime is happening right now
- ❖ Serious medical help is needed
- ❖ There is a fire
- ❖ A situation could result in loss of life or major property loss

## Call Non-Emergency 503.823.3333....if:

- ❖ A crime has already happened and there is no information about the suspect.
- ❖ The activity is suspicious, but no crimes have been committed yet

## Call your New Columbia Officers...if:

- ❖ You have information about ongoing activity that could be criminal (drug activity, gang activity, etc.)
- ❖ You have questions or concerns about public safety issues at New Columbia

## New Columbia Officers

### Officer Rachel Strobel

Sunday -Wednesday  
 2:00 pm - Midnight  
 503.545.3413  
 Rachel.Strobel@portlandoregon.gov

### Officer Michael Schmerber

Sunday - Wednesday  
 2:00 pm - Midnight  
 503.545.3411  
 Michael.Schmerber@portlandoregon.gov

### Officer Christina Hansen-Tuma

Wednesday - Saturday  
 2:00 pm - Midnight  
 503.572.0354  
 Christina.Hansen-Tuma@portlandoregon.gov

### Officer Jorge Mendoza

Wednesday - Saturday  
 2:00 pm - Midnight  
 503.209.1100  
 Jorge.Mendoza@portlandoregon.gov

**Building**



**Community**



# April/Abril

Mon	Tues	Wed	Thurs	Friday	Sat	Sun
				1	2 <b>Nutrition &amp; Obesity</b> 10 am 4625 N Trenton	3
4 <b>Clases de Corte</b> 10 am Fountain Rm	5	6 <b>Saving, Investing Seminar</b> 4:30 pm Lloyd Center	7 <b>Clases de Corte</b> 10 am Fountain Rm <b>Living Well</b> 1pm Fountain Rm <b>It's the Skin You're In</b> 3 pm Oregon Convention Center	8	9	10
11	12	13	14 <b>Living Well</b> 1pm Fountain Rm <b>Last Tax Clinic</b> 6 pm 4610 N Trenton	15 <b>Cancer del Seno</b> 6:30 pm 4625 N Trenton	16 <b>Delta Gems Summit Mtg</b> 4625 N Trenton  <b>Golf Lessons Sign-up</b> 11 am 4610 N Trenton	17
18	19	20	21 <b>Living Well</b> 1pm Fountain Rm	22	23 <b>Easter Egg Hunt</b> 1pm McCoy Park	24 <b>Easter</b>
25	26 <b>Homeowner's Assoc. Mtg</b> 6 pm 4625 Trenton	27	28	29	30 <b>Village Market Grand Opening</b>	

Important Numbers to Know					
NC Leasing Office	503.286.1500	NC Event Line	503.286.0335	Room Scheduling	503.943.5601
Police Non-Emergency	503.823.3333	Emergency	911	NC Info & Referrals	503.943.5674
Community Resources	211	WorkSource Express	503.943.5642	University Park AKA "The Rec"	503.916.6250
Traffic Safety Concerns	503.823.7233	B & G Club	503.853.8678	Rosa Parks	503.916.6250

Don't forget to visit our website at [www.newcolumbia.org](http://www.newcolumbia.org).

For more information contact Cheryl West at [cheryl.west@gres.com](mailto:cheryl.west@gres.com) or call her at 503.943.5601. Think there's something to add?