

# The New Columbia Neighbor

July 2009



**Pocket Park Events are Back!** Head to the pocket park on N. Trenton on Tuesdays, and to N. Woolsey & Dwight on Thursdays from 1-3pm for free activities and snacks. These events are held through the end of August.

## Attention Artists!

### Win a Trip to Washington DC!

Youth and teens living at New Columbia could win a free trip to Washington DC!

On Thursday, July 16, 1-3pm, there will be a poster contest in New Columbia's Pocket Park at N. Dwight and N. Woolsey. Come to the pocket park with your artistic skills! Listen to music provided by DJ Zed, use materials donated by SCRAP and enjoy healthy snacks in the summer sun.

The contest's theme is: "What home means to me." Make a poster and enter the contest to win a trip to Washington DC and have your poster printed in a national calendar! All ages are welcome to participate. For more information contact Molly Gray at 503-285-0333 or email [MollyG@hapdx.org](mailto:MollyG@hapdx.org)

## Albina Head Start Brings Resources, Support and Tools to 25 New Columbia Families

With 25 New Columbia households participating in Albina Early Head Start Home Based, it's no surprise that the program benefits residents. Once a week, an Albina Head Start home visitor will bring activities and resources for your family during a 90 minute visit. Visits also include four annual assessments to measure your child's development and referrals to other agencies when needed. Other services include: Parents as Teachers curriculum and Socializations. These groups are put together by the parents with support of the home visitor. The Socializations meet twice a month for two hours. The parents of the children in the program gain the tools needed to be better parents. They become aware of the child's cues and the parents become better advocates for their children. There is no cost to the families, but there are income guidelines for the parents to meet in order to qualify for the program. Applications are currently being accepted for the home based program and Center based program for the Fall. One of the upcoming events will be focused on recruitment: "It's A Family Affair BBQ" July 25th 2009 12-4pm at Concordia University's front lawn. To learn more about Albina Head Start contact, Julia Mitchell at 503-236-9389 x 216.

### Important Numbers to Know

**New Columbia Property Management Office at 503.286.1500**

Non Emergency Police: 503.823.3333  
Traffic Safety Concerns: 503.823.7233  
Community Services Information: 211

Emergency: 911  
New Columbia Opportunity Center: 503.943.5600  
NC Information & Referral Services: 503.285.0333

[www.newcolumbia.org](http://www.newcolumbia.org)

# What's Up at New Columbia?

## Photography Workshop with My Story!

This summer, My Story is offering free photography workshops for kids ages 11 – 14 at New Columbia. Learn to use different cameras as you photograph yourself, your friends, and family members! Develop your own film and print your own pictures at a professional darkroom! Show off your work at an exhibit at the Community Education Center!

The first workshop is from July 13 - July 23. The second workshop is July 27 – August 6, and the last workshop is August 10 – August 20. For information or to register please call My Story Executive Director Chris Cearnal at (503) 233-1568.

## Meet Guardian Real Estate Services at Community Town Hall



Darcy Vincent

The next Community Town Hall meeting is scheduled for Thursday, July 9, 7pm at Trenton Terrace, 4720 N Trenton. Guardian Real Estate Services is the property management company for New Columbia residents. Darcy Vincent, New Columbia Community Director, will be at the town hall meeting to meet residents, provide an overview of the Guardian Real Estate Services and answer questions.

We are thrilled to announce that Guardian is already participating in activities that build community. They are a major sponsor for the McCoy Park Summer Concert Series by funding the Afincando concert on July 12<sup>th</sup>. So come on out to the town hall meeting and meet Darcy! For information on management call 503-286-1500.

## Action! Project Youth Doc. Teaches Teens to Create Short Films

Project Youth Doc. Is a program through Film Action Oregon, a non-profit organization that picks out 16 students from the ages of 13 – 17 that have an interest in film and the arts. These youth participate in a four week camp. They choose four topics that they are familiar with or have an interest in and they create a seven to 10 minute documentary. The first week deals with camera skills, sound skills, lighting and production. The second week is the production where you film, hold interviews and work in the field. The third and fourth weeks are post-production, editing and finalizing of the project. At the end of the workshop the films are shown at the Hollywood Theatre. Check it out on August 21<sup>st</sup> at 7pm. Tickets are \$5 and all proceeds go to Project Youth Doc. For more information check out the website at [www.filmaction.org](http://www.filmaction.org).

## McCoy Park Summer Concert Series

One of New Columbia's most well loved traditions is right around the corner! The McCoy Park Summer Concert Series will entertain us four times throughout the summer.

Mark your calendars for the following dates:

Sunday, July 12, 6 – 8pm, Afincando (Salsa & Latin Jazz)

Sunday, July 19, 6-8pm, The Kirk Green Band (jazz & funk)

Sunday, July 26, 6-8pm, Patrick Lamb (R&B to the max)

Sunday, August 1, 6-8pm, Michael Allen Harrison & Julianne R. Johnson-Weiss (award-winning piano and vocals)

Tuesday, August 4, 6-8pm, La Rhonda Steele Band (soul)

For more information about the concert series contact Leslie Esinga at 503-289-6089.

## Positive Youth Development

This local organization has a wide variety of groups, activities and field trips that are created for youth. The Exodus Group, led by Otha Banks, meets on Mondays. New Columbia youth and teens who are interested in participating in this program and want to receive flyers about upcoming events should contact Pastor Fred Woods at 503-945-5620.

## Women Within: Narcotics Anonymous Meetings

Meet with women in the community to connect with one another on a weekly basis for Narcotics Anonymous. The group meets on Mondays evenings, 6:30 - 7:30pm in the Fountain Room, 9181 N Newman Avenue. For more information call 503-285-0333.

## Participate in an Interactive Play Group with Neighborhood House!

Neighborhood House is focused on empowering parents in their child's successful first teachers through information, guidance and assistance. This happens through a weekly interactive play group. By playing together, families of all backgrounds can learn about developmental delays, reduction of cultural and social isolation, child abuse prevention, healthy growth, and academic development. This interactive play group meets every Wednesday from 9:30am – 11:30am in the Fountain Room, 9181 N Newman Avenue. For more information contact Montse Shepherd: 503-724-1435.

## Early Birds Head to Boys & Girls Club

Boys & Girls Club is now offering an "Early Bird" Special for those parents who need to drop off kids as early as 8:30 am. It is \$1.00/per day per day.

There is a summer carnival on Wednesday July 22nd, 3-5pm sponsored by BlueCross Blue Shield. Everyone attending must be a current club member of the Boys & Girls Club. This summer the Boys & Girls Club has plenty of trips planned. Head to OMSI, PGE Park, Laser Tag, Mt. St. Helens and the Portland Art Museum. There's a trip for everyone! For a full listing of trips and classes, contact the Boys & Girls Club at 503-853-8678.

## K-CHING! Youth Employment Orientation

Youth interested in making \$50 a week should mark their calendars to attend the K-CHING Youth Employment Orientation for Tuesday, July 21<sup>st</sup> from 6 – 8pm in Community Education Center (4625 N Trenton). Youth are required to bring a parent to the orientation where applications will be given. New Columbia Community Builder Leslie Esinga will review applications and contact youth for interviews.

K-CHING places youth ages 11 – 15 in locations around New Columbia to work 10 hours a week. Site locations are University Park Community Center, Loaves & Fishes, Boys & Girls Club and Trenton Terrace. For more information about K-CHING please contact Leslie Esinga 503-289-6089.

## Walk your Way to Health! Join a Free Weekly Walking Group

Are you wanting to get in shape? Are trendy gyms too intimidating or too expensive? The North Portland Explorers is a new walking group formed by people who want to get healthier and want to go on walks in their community. Come to University Park Community Center, 9009 N Foss, on Thursday, July 9<sup>th</sup> or Friday, July 10<sup>th</sup> from 10am to noon, to learn more about the group and go on a walk! Snacks and prizes will be given during the walk. This weekly walking group is a collaborative project with Safer Routes to Schools, Multnomah County, UPCC and New Columbia. Please RSVP by calling either University Park Community Center 503-823-3631 or Molly Gray in the New Columbia Community Building Office, 503-285-0333 or [MollyG@hapdx.org](mailto:MollyG@hapdx.org).

## July Events with University Park Community Center

### Mobile Climbing Walls

Calling all kids! Mobile Climbing Wall is in McCoy Park 10am-12:30pm on July 10 & 24th and 1:30-4pm on July 15. The Rock wall will also visit University Park 1:30-4pm on July 7, 13 & 29th.

### FREE Lunch is Served!

The Free Lunch program is now in session! All youth under 18 years old eat FREE at McCoy, University, Columbia & Kenton Parks! Service times are Noon - 1pm at McCoy, Columbia & Kenton Parks and 12:30-1:30pm at UPCC.

### Family Game Night Friday July 10, 6-8pm

Fun and Games aren't just for the kids at UPCC! Bring the family out together for an evening of fun & laughter. Try old-school favorites like Kick-ball & Twister or enjoy more modern fun with Dance, Dance Revolution & MarioKart - whatever your favorite game is, just come together and play!

### July 22 - Movie in the Park - "Hairspray"

Join us for the Big Screen on the Green at McCoy Park. Pack your lawn chairs, blankets and snack and bring the whole family to view a movie under the stars. Pre-movie entertainment will begin at 6:30pm and the feature movie will start at dark.

For more information call UPCC at 503-823-3631

## Teaching Literacy through Theatre: Passin Art Comes to New Columbia

Passin Art is coming to New Columbia to work with youth interested in theatre. This program is perfect for youth who are creative but need to get out of their shell! Learn to read scripts, perform, work on a dramatic production and other skills that come with the theatre arts. By participating in this program, youth can work on literacy skills through script reading, public speaking through performance and improving self esteem by picking up a new talent.

The program will begin with a two day orientation: July 1<sup>st</sup> and 2<sup>nd</sup>, 10 -11:30am. On July 2nd contracts and other information will be handed out to be signed by the kids and their parent. The program will consist of a maximum of 25 kids (elementary to high school are welcome). The program will run July 22 – August 4, 2009 9:30 am -11:30 am, with possible performances in McCoy Park.

To learn more about Passin Art, contact Jerry [jerryf5455@yahoo.com](mailto:jerryf5455@yahoo.com).

## A Call to Volunteers! Help Plan the Biggest Party of the Year: National Night Out

From entertainment to food there is plenty to get organized for this year's National Night Out. This is the biggest party of the year and it is on Tuesday, August 4th in McCoy Park. We need your help to pull off this event and want to know what you would like to have at this party. Whether you have experience planning events, or you just want to help out your community, this is a great opportunity to get involved. To attend a planning meeting contact Community Builders Leslie Esinga at [esinga231@yahoo.com](mailto:esinga231@yahoo.com) or Molly Gray at 503-285-0333 or [MollyG@hapdx.org](mailto:MollyG@hapdx.org)

## CREW Academy Girls See Real Beauty, Young Men Learn Community Service



Thanks to the huge kick-off party and recruitment efforts of CREW Leaders Ashley and Pernel Brown, CREW Academy is seeing record attendance. The Young Women's Academy is having a blast learning dance moves through the Dove Real Beauty Curriculum and the Young Men's Academy is engaging in community service projects to become leaders in their neighborhood. In addition to the groups and activities, CREW has a few other special events planned.

Join CREW to clean up the exterior of Rosa Parks School. On Monday, July 27th meet CREW Leader Ashley Brown from 9am – 11am to keep the school grounds looking nice year round. Ashley will greet you with coffee and muffins to get your day off to a great start!

Want more? CREW is organizing two field trips this summer! They are heading to the Oregon Zoo on Tuesday, July 14th for a day of fun-filled adventures. In August, CREW is headed to Oaks Park to celebrate the hard work that the kids put into Academy and community service projects this summer. Because CREW encourages community involvement, adult and parental support on field trips is always appreciated. To learn more about CREW call Ashley at 503-875-0688.

### Thank you, Lifeworks NW!

For the last year, Lifeworks NW staff visited New Columbia once a week to work with our families. Gathering in the Fountain Room the group of staff, parents and youth received a multitude of services. "The goals of the program were to provide activities and resources to improve the early literacy skills of children ages infant to five. This was accomplished not only through learning in the classroom, but also through the education of the parents.... And teaching parents how to incorporate early literacy activities into their daily lives." By working with the parents and assisting their needs, they were given the tools to become more effective parents. "The class really helped boost self-esteem and confidence in the children." Kate added that one of the most important factors in the group is that this was an opportunity for parents and youth to spend quality time together. The group spent time with play dough, arts and crafts, songs, story time and movement games. Because New Columbia is an ethnically and culturally diverse community, this program worked to assist parents and children of all backgrounds. "In my teaching, I did my best to educate kids about cultural differences," Kate said.

Unfortunately, while these services were both appreciated and utilized, the Lifeworks NW group will no longer occur. Due to funding, the program cannot continue. While we are sad to see Lifeworks NW leave, we are thankful they worked with our residents in a supportive and compassionate environment. Thank you, Lifeworks NW!

### Support Your Local Business: Copy Pilot



This month, the New Columbia newsletter was printed at our neighborhood shipping and copy store. Locally owned and located on Lombard, Copy Pilot is a friendly and fast way to do business. In addition to the newsletter, you'll see large photos framed in our community building office. All of these photos were printed at Copy Pilot. So next time you need a print job or want to print off some photos head up the street to Copy Pilot or call 503-283-2745.

## July 2009

For an extensive list of events and happenings, check out the brand new online calendar on the New Columbia! The calendar is viewable at [www.newcolumbia.org](http://www.newcolumbia.org) under the Residents tab in the Events section. For more information contact Molly at [MollyG@hapdx.org](mailto:MollyG@hapdx.org) or call her in the Community Building Office at (503) 285-0333. Think there's something she should add? Call her up and let her know.

[www.newcolumbia.org](http://www.newcolumbia.org) – Your Source for Current Events

Sun.	Mon.	Tues.	Weds.	Thurs.	Fri.	Sat.
			<b>1</b> Neighborhood House Group, 9:30-11:30 am Fountain Room, 4625 N Trenton	<b>2</b> Naturopathic Clinic, 2pm @ Opportunity Center, 4610 N Trenton	<b>3</b> First Friday Flicks @ Trenton Terrace, 4720 N Trenton. 1:30pm	<b>4</b> Teen Night 7-11pm UPCC (9009 N Foss)
<b>5</b>	<b>6</b>	<b>7</b> Seniors Tai Chi Class 10:30 – 11:30, Trenton Terrace, 4720 N Trenton	<b>8</b> Grupo de Juegos, 9:30-11:30 am Salon de Fountain, 4625 N Trenton	<b>9</b> Community Town Hall, Trenton Terrace, 4720 N Trenton, 7-8pm	<b>10</b> North Portland Explorers, 10-12, UPCC  Family Night 6:30-8:30 UPCC, 9009 N Foss	<b>11</b>
<b>12</b>	<b>13</b> My Story Photography Workshops Begin Today!	<b>14</b> Free games and snacks! Trenton Street Pocket Park 1-3pm	<b>15</b> Neighborhood House Group, 9:30-11:30 am Fountain Room, 4625 N Trenton	<b>16</b> Poster Contest! Woolsey & Dwight Pocket Park, 1-3pm	<b>17</b> Senior Health Benefits Assistance Clinic, 9am @ YWCA, 9022 N Newman	<b>18</b> Teen Night 7-11pm UPCC (9009 N Foss)
<b>19</b>	<b>20</b> Day Camps Start, UPCC, 9009 N Foss	<b>21</b> Owners Association Meeting 6:15pm, Community Education Center 4625 N Trenton	<b>22</b> Neighborhood House Group, 9:30-11:30 am Fountain Room, 4625 N Trenton	<b>23</b> Free Snacks & Games, Woolsey & Dwight Pocket Park, 1-3pm	<b>24</b> Climbing Wall in McCoy Park!	<b>25</b> Teen Night 7-11pm UPCC (9009 N Foss)
<b>26</b>	<b>27</b> Rosa Parks Clean Up! 9-11am Rosa Parks School	<b>28</b>	<b>29</b> Neighborhood House Group, 9:30-11:30 am Fountain Room, 4625 N Trenton	<b>30</b>	<b>31</b>	

### Online & Print Newsletter Community Calendar Submission Dates

If you would like something included in the community calendar for the August issue of the New Columbia Neighbor or the online calendar featured on the website, please contact Molly Gray at 503-285-0333, [MollyG@hapdx.org](mailto:MollyG@hapdx.org) or swing by the Community Building Office at 4625 N Trenton, by July 17th.

### Surfs Up! Check Out the Website at the Opportunity Center

For the latest news in what's happening in your community, visit [www.newcolumbia.org](http://www.newcolumbia.org) . Visit the Opportunity Center at 4610 N Trenton to use a computer to look through photos, watch videos, and check the community calendar.