

The New Columbia Neighbor

August 2009

The Biggest Party of the Year: National Night Out!



Along with live music from LaRhonda Steele Band, face painters and free snacks, there will be even more events that will knock your socks off. Whether you want to play bingo in the shade, play basketball or just spread out a blanket, eat and people watch for a few hours, National Night Out will be an event people will talk about.

National Night Out is at McCoy Park on Tuesday, August 4th from 6-8pm. Bring your own blanket to hang out, talk with your neighbors, and welcome new people who are now living in the New Columbia community.

National Night Out is an event that occurs one day per year all across the United States. This event is designed to heighten drug and crime awareness, strengthen neighborhood spirit and promote safety. For more information call the New Columbia Community Building Office at 503-285-0333.

Noticias en Español

Clases de Inglés – ¡Gratis! A 'New Columbia'

¿Quiere aprender o mejorar sus habilidades de Inglés? ¡PCC Workforce está ofreciendo clases de Inglés GRATIS aquí en New Columbia! ¡No se necesitara matricularse! ¡Sólo vengan a las clases! Cuando: las clases se celebran CADA Martes y Jueves de 6pm — 8pm. Donde: New Columbia Centro de Oportunidades, 4610 N Trenton. Las clases son completamente gratis y van a continuar cada semana hasta el 27 de Agosto, 2009. ¿Tiene preguntas? Llame a Brad (Inglés) al 503-943-5647

El Fiesta Mas Grande del Año

¿Te gusta la música, la comida y los deportes? Vengan a la fiesta mas grande del año! Este evento es parte de un programma nacional que se llama Eventos Nacionales de Fiestas al Aire Libre. La fiesta se ha programado para el Martes, el 4 de Agosto, 6 – 8 de la noche. Encuentre a sus vecinos. Escuche la música en vivo de "LaRhonda Steele Band". Consolide el espíritu de la vecindad y promueva la seguridad. ¿Preguntas? Llame a Lucia al 503-289-6089.

Deportes y juegos para Niños

Hay deportes y juegos para niños durante la semana. Lunes y miércoles hay actividades en los patios en Woolsey. Martes hay eventos en el parque al lado de las avenidas Trenton y Adriatic. Jueves hay actividades en el parque al lado de las calles Woolsey y Dwight. Los eventos son perfectos para niños pequeños. Todas las actividades empiezan a la una de la tarde.

¿Preguntas? Llame a Lucia al 503-289-6089.

Important Numbers to Know

New Columbia Property Management Office at 503.286.1500

Non Emergency Police: 503.823.3333
Traffic Safety Concerns: 503.823.7233
Community Services Information: 211

Emergency: 911
New Columbia Opportunity Center: 503.943.5600
NC Information & Referral Services: 503.285.0333

www.newcolumbia.org

What's Up at New Columbia?

Crime Prevention Training Featured at Town Hall: Protect Yourself from Fraud and Scams

Do you want to learn about protecting yourself against internet scams, ID theft, mortgage fraud? Members of the Federal Bureau of Investigation will be at the New Columbia Community Town Hall Meeting on Thursday, August 13th at 7pm at the New Columbia Community Education Center, 4625 N Trenton. They will give a in-depth presentation on the current frauds and scams that are affecting many American today. They will discuss the tele-marking fraud, advance fees scams, credit card fraud, ponzi scams, the Nigerian letter scam, and pyramid scheme. There are other types of scams but these are the topics that will be covered at the Community Town Hall Meeting.

For more information on this upcoming training please contact La Shanda Hurst, Crime Prevention Coordinator 503-823-4094 or LaShanda.Hurst@ci.portland.or.us

Sidewalk Sale at Trenton Terrace!

If you walk by Trenton Terrace on a Saturday morning you'll find a few residents talking while sitting on the art bench. But on Saturday, August 8th you'll find something more. Francesca, a resident of Trenton Terrace is organizing a Sidewalk Sale. So when you are out walking your dog, drinking coffee or just passing by, swing by the Sidewalk Sale and say hello. Saturday, August 8th, 10am – 2pm, Trenton Terrace, 4720 N Trenton.

Oh, Snap! Take Pictures with My Story

This summer, *My Story* is offering free photography workshops for kids ages 11 – 14 at New Columbia. Learn to use different cameras as you photograph yourself, your friends, and family members! Develop your own film and print your own pictures at a professional darkroom! Show off your work at an exhibit at the Community Education Center!

The next workshop is August 10 – August 20. For information or to register please call *My Story* Executive Director Chris Cearnal at (503) 233-1568.

Women's Narcotics Anonymous

Meet with women in the community to connect with one another on a weekly basis. The group meets on Mondays evenings, 6:30 - 7:30pm in the Fountain Room, 9118 N Newman Avenue. For more information about Narcotics Anonymous contact the New Columbia Community Building Office at 503-285-0333.



Neighborhood House brought this parachute game to play in the Dwight & Woolsey Pocket Park.

Pocket Park & Courtyard Events Schedule for August

All events run from 1 – 3pm

Mondays Coloring and doll-making crafts in the Woolsey Courtyard (one block north of Trenton).

Tuesdays Music by DJ Slim, soccer games and snacks in the Pocket Park at Trenton & Adriatic.

Wednesdays Old school games in the Woolsey Courtyard (one block north of Trenton).

Thursdays Games, activities and snacks in the Pocket Park at Dwight & Woolsey.

Thank you to our community partners who are bringing activities and snacks to these events:

Nick Mucci, Portland Women's Crisis Line, Children's Relief Nursery, Positive Youth Development, Bureau of Environmental Services, Trenton Terrace, YWCA Senior Services, DJ Slim & DJ Academy.

Girls Summer Basketball Camps

Get in shape with skills, drills & scrimmages to develop coordination, teamwork & improved conditioning. Sharpen fundamentals including ball handling, shooting techniques, defense & footwork with an emphasis on sportsmanship. Camps are appropriate for ALL skill levels! Camps run Monday - Thursday, 9-11am and cost \$18 each week. All camps are held at University Park Community Center (aka The Rec.). The weeks are broken up by age groups as follows:

Aug 3 – 6: Girls' Challenge Camp ages 12-16 yrs Course #29606. Aug 10-13: Shooting Stars Camp ages 9-12yrs Course # 296071. Aug 17-20: Girls' Challenge Camp ages 12-16 yrs Course #296062. For more information call the University Park Community Center at 503-823-3631.

Weekly Walkers Meet on Saturdays

The North Portland Explorers Community Walking Group will meet at UPCC at 10am each Saturday morning. Great opportunity to learn new walking routes, meet new neighbors and just get out for some fresh air. Walks begin August 1. We are also still seeking additional volunteers to help lead walks. Volunteer time can be a regular one Saturday per month commitment or as a once-in-a-while substitute leader. All are welcome to come join us for a neighborhood walk! Children must be accompanied by an adult.

For more information call University Park Community Center, 503-823-3631.

Sign Up Now for Flag Football!

If you are counting the days until football starts you are in luck! Football season is almost here! The Regence Boys & Girls Club is organizing flag football games for this fall.

Boys and girls are encouraged to sign up to play. Youth must be in first – sixth grade to participate. They will play in 10 games that will occur on Saturday mornings. Games will be held at the field in between the Boys & Girls Club and University Park Community Center (aka. The Rec.). League costs \$10 and this includes your shirt.

For more information on flag football or other activities contact the Boys & Girls Club at 503-853-8678.

FREE Fitness Week is August 24-28

UPCC & Columbia Pool will be offering two fitness opportunities for the price of one during our "FREE Fitness Week" August 24-28.

Visit either the Fitness Center at UPCC or Columbia Pool with a paid admission (either paid drop-in fee or a 10-visit, 20-visit, 3-month or annual pass) from Monday, August 24 through Friday, August 28 and receive a voucher for a FREE visit to the alternate facility! (Pay for a visit to the Fitness Center at UPCC and receive a voucher for a FREE visit to Columbia Pool! or Pay to visit Columbia Pool and receive a FREE visit to UPCC's Fitness Center!) Give your fitness goals a boost as we begin the transition from summer to fall. To learn more call UPCC (aka The Rec.) at 503-823-3631.

Neighborhood Volunteers Join Together to Clean Up Rosa Parks School and Regence Boys & Girls Club

Get your Saturday morning going right by heading over to Rosa Parks School to participate in a neighborhood clean up. On Thursday, August 27th, 20 volunteers from University of Portland will come to assist in a large clean up effort in collaboration with CREW Academy and Bureau of Environmental Services from 8:30am – 12 noon. These volunteers will be divided into two groups. One group of volunteers will work outside weeding the rain gardens, edging the lawn, and picking up debris. The group that heads inside the building will paint rooms in the school's classrooms as well as rooms in the Regence Boys & Girls Club.

This clean up day is a great opportunity to get to know your community campus and to prepare Rosa Parks School and Regence Boys & Girls Club for a new school year.

The students from University of Portland are volunteering in this day of service to build a connection with New Columbia and to familiarize themselves with the neighborhood. So come on out and meet some of these University students as well as some of your neighbors.

To volunteer for this clean up day, please contact CREW Leader Ashley Brown at 503-875-0688.

Ways to Beat the Hot, Hot Heat!

Swim for Free!

When the sun is out and the temperature rises, don't stay at home, head to the pool! It is free to swim at Columbia Pool on Wednesdays from 2:10 – 3:50pm. For more information call Columbia Pool at (503) 823-3669.

Drink Water

Stay hydrated by drinking lots of fluids. Summer events in the pocket parks and courtyards will always have water around for kids and adults.

Play in Water

Run through our community fountain in McCoy Park or a sprinkler set up at Columbia Park, located at N Lombard & N Woolsey.

Thank you, Gatherers!

When the weather reached 107 degrees and a pregnant woman with two young children needed a fan, multiple North Portland neighbors stepped up to help her.

An email was sent to a local community group called "The Gatherers." This group gathers four times per year to network, learn about local events and resources. The email asked if anyone could help out this pregnant, single mom by bringing her a fan. Within 30 minutes of sending an email to the Gatherers listserv, two people called the New Columbia Community Building Office and brought over fans. Another person offered to go to Sears to buy this woman a fan.

This is what community is all about – helping our neighbors when they need it the most. Thank you, Gatherers!

To sign up for this community listserv, contact Mike at MikeVerbout@cheerful.com

WorkSource Express: Job Related Resources at Your Fingertips!

Your local WorkSource Center has the resources you need to sharpen your skills, find the perfect job, and advance your career. WorkSource Center Express is now located in New Columbia's Opportunity Center (4610 N Trenton). Visit the center to access iMatchSkills, job postings, telephones, fax machines and workshops to help with your job search. Staff can assist with occupational skill training, apprenticeship programs and continuing education in your field. For more information call the Opportunity Center at 503-943-5600.

Movies in McCoy Park Series Continues

Head over to McCoy Park on Wednesday, August 19th to watch "X-men Origins: Wolverine" on the big screen! Pre-movie musical entertainment will be provided by "The Working Stiffs." For more information call University Park Community Center (aka The Rec.) at 503-823-3631.

New Columbia Information Line

The New Columbia Information Line is up and running! Community Manager, Darcy Vincent will leave a recording to notify neighbors of what is happening in the community if there is an immediate need to know. The number is 503-802-8365.

Boys & Girls Club News & Notes

The Boys & Girls Club is taking off this summer! They've got all kind of trips planned for kids at New Columbia. Trips include going to Mt. St. Helens on August 5th, OMSI on August 11th, Oregon Coast on August 12th, and Laser Tag on August 19th. All field trips are \$10. Youth must be a current member and have a signed permission slip

FREE membership for the 2009-2010 year for those who sign up by August 31st 2009! Membership will then be good until August 31st of 2010.

The End of Summer Shut Down is August 24th to September 13th. This is when the Club closes. It will reopen for Fall Session on September 14th .

For more information call the Boys & Girls Club at 503-853-8678.

Your Initiative at Work

When neighbors at New Columbia wrote about changes they'd like to see at New Columbia in the Community Speaks Initiative survey, we listened. Neighbors listed garbage and trash issues as one of the top three issues they'd like to see addressed.

We heard what you had to say, and we are taking action. Guardian Real Estate Services power-washed the dumpsters and they are looking good! In an effort to work together, the community can keep them clean by making sure their garbage gets properly disposed into the cans. Remember when kids take out garbage bags that some of them can't reach the garbage bins. Help them out by helping them place it into the dumpster.

This is just one action that has happened because of the communication that occurred through the survey. Keep reading the newsletter to find out how this initiative can help keep New Columbia a healthy and safe place to live.

August 2009

For an extensive list of events and happenings, check out the brand new online calendar on the New Columbia! The calendar is viewable at www.newcolumbia.org under the Residents tab in the Events section. For more information contact Molly at MollyG@hapdx.org or call her in the Community Building Office at (503) 285-0333. Think there's something she should add? Call her up and let her know.

www.newcolumbia.org – Your Source for Current Events

Sun.	Mon.	Tues.	Weds.	Thurs.	Fri.	Sat.
						1 Teen Night 7-11pm UPCC (9009 N Foss)
2	3 Snacks and Games Trenton & Woolsey Courtyard, 1 – 3pm	4 National Night Out! 6 – 8pm, McCoy Park	5 Grupo de Juegos, 9:30-11:30 am Salon de Fountain, 4625 N Trenton	6 Free Snacks & Games, Woolsey & Dwight Pocket Park, 1-3pm	7	8 Teen Night 7-11pm UPCC (9009 N Foss)
9	10 Snacks and Games Trenton & Woolsey Courtyard, 1 – 3pm	11 DJ Slim and DJ Academy in the Trenton Street Pocket Park 1- 3pm	12 Neighborhood House Group, 9:30-11:30 am Fountain Room, 4625 N Trenton	13 Community Town Hall, Community Education Center, 4625 N Trenton, 7-8pm	14 Senior Health Benefits Assistance Clinic, 9am @ YWCA, 9022 N Newman	15 Teen Night 7-11pm UPCC (9009 N Foss)
16	17 Snacks and Games Trenton & Woolsey Courtyard, 1 – 3pm	18 DJ Slim and DJ Academy in the Trenton Street Pocket Park 1- 3pm	19 Neighborhood House Group, 9:30-11:30 am Fountain Room, 4625 N Trenton	20 Free Snacks & Games, Woolsey & Dwight Pocket Park, 1-3pm	21	22 Teen Night 7-11pm UPCC (9009 N Foss)
23 30	24 31	25 Owners Association Meeting 6:15pm, Community Education Center 4625 N Trenton	26 Snacks and Games Trenton & Woolsey Courtyard, 1 – 3pm	27 Rosa Parks School & Boys & Girls Club Clean Up, 8:30am - noon	28 CREW goes to Oaks Park!	29

Online & Print Newsletter Community Calendar Submission Dates

If you would like something included in the community calendar for the September issue of the New Columbia Neighbor or the online calendar featured on the website, please contact Molly Gray at 503-285-0333, MollyG@hapdx.org or swing by the Community Building Office at 4625 N Trenton, by August 21st.

Surfs Up! Check Out the Website at the Opportunity Center

For the latest news in what's happening in your community, visit www.newcolumbia.org . Visit the Opportunity Center at 4610 N Trenton to use a computer to look through photos, watch videos, and check the community calendar.